



Empowered Explorer

Activity #1

Give everyone a large piece of paper. On this piece of paper, ask the children to draw a circle **in pencil** and an outer circle around it. Title the piece of paper with the issue you are discussing. Put in the first circle things that you can do to make a difference to contribute to help make it better. Eg: Climate change: recycle, switch off lights, grow your own fruit and vegetables, eat less meat, eat food grown locally etc.

Then, in the outer circle, put in all of the things that others are doing to make a difference (this can be from the solutions seeking section). Eg: Organisations cleaning up the ocean, charities doing reforestation, engineers looking at alternative ways to produce energy, politicians changing laws etc.

Once you have done this, see if you can create a relationship with any of the items in the bigger circle

- for example, write to our local MP, donate money, share their stories, volunteer, pursue it as a career etc.

When you have found a way to connect to them, use a rubber to rub out the inner circle and see how much bigger your circle of power got by connecting with things bigger than just ourselves.



Little Ruffle

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